



135 COMMUNITY TEAM MONTHLY SNAPSHOT

► MAY 2026: Your Generation, Your Y



Rising Y's 19-39 yrs



Established Y's 40-54 yrs

34

Voices Heard

81%

Rated Their Visit
Very Good or Excellent

64%

Shared Their Ask
Experience With Others

In May, team participants paused to reflect on what their generation needs from the Y — answering as Growing Ys, Teen Ys, Rising Ys, Established Ys, and FOREVERWELL members.



Growing Y's 0-12 yrs



Foreverwell 55 yrs+

WHAT STOOD OUT

Every generation feels seen, and ready for more. Members across all five generational categories described the Y as a place where they belong. Teens, parents, and FOREVERWELL members each said it in their own words: the Y feels like a community.

Wellness is a lifelong story. From yoga and stretching to mobility classes and recovery space, members of all ages are looking for movement that supports a long, healthy life — not just a workout.

Bring on the in-between years. Parents told us their 8–12-year-olds are too old for child watch but too young to roam. Teens told us they want a place of their own. May's feedback pointed to a real opportunity for the Y to grow alongside its youngest and most active members.



Teen Ys 13-18 yrs

"The Y has been a wonderful community space for my family to come to work out, shoot hoops, and participate in other fun activities."
— Elaina Szyjewski

"I like the Y a lot. And Coach Justin. He is helpful, nice and a good coach. I also like playing basketball with the older boys in the Parker Y in Milton. They help me with my shots." — Huck Hergert

"I'm always looking for more ways to connect with other women my age who have retired and are still active and want to have fun, but are mobile and on the move." — Terry Bodnar

This summary draws from two May 2026 sources:

The 135 Community Team Hub form submissions (May 4–June 6) and the May 2 Generational Report focus session.

We encourage you to share your 135 ask experiences through everyday conversations.

JOIN ANYTIME. Invite friends, family, and coworkers to learn more and join the team at ymcanrc.org/135years.