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What does YOUR  
perfect Y look like?  
We want to know!

## 135 COMMUNITY TEAM: 2026

No membership or cost is required. Just a year-long commitment to show up and help shape the Y's future.

### What your volunteer journey looks like:

Participate in simple monthly asks that help shape what's next at the Ys in Janesville and Milton.

#### Why you're here

The 135 Community Team is your chance to help shape what's next for our Ys as we celebrate 135 years of impact in Rock County — and we want you with us! Individuals, families and groups are invited to try programs and experiences, share honest feedback and help guide real, facility-specific improvements. Your voice goes directly to our project teams and decision makers, helping make the Y more welcoming, accessible, and community-led as we plan for the future.

#### Our ask, your commitment

Meet the first Saturday of each month, 9-10 a.m., Feb.-Dec., then complete one simple ask before the next meeting — like trying a class or activity, taking a quick walk-through or sharing feedback in a short survey — at the Parker YMCA in Milton or the Janesville YMCA when it works for you.

#### Cost and membership

Ask activities are FREE, membership is not required. Optional discounts and program perks for 135 team members.

#### How it works

**Engage:** Participate in one monthly team meeting to learn and share feedback.

**Try:** Complete a monthly ask on your own time (usually 30-60 minutes).

**Notice:** What feels welcoming, meaningful and accessible? Identify areas for improvement.

**Share:** Submit online feedback and ideas through the hub form (print options also available). Our staff will connect your feedback to decision-makers.

**Amplify:** Engage and invite others from your neighborhood and community to follow along.

February Tour & Tell (Virtual & Facilities)	March Fuel Up	April POP I Plus-One Passes	May Your Generation, Your Y	June Summer Kickoff, Outside Edition	July Mission Y Recon
August Back-to-Y Programming	September Facility Field Test, Climb the Y	October Family Friday Experience	November Membership Matchup	December Year-In-Review Power Hour	

#### Where to find updates

Community Team Hub: [www.ymcanrc.org/135hub](http://www.ymcanrc.org/135hub)

Questions? Contact: Johanna Adams at [jadams@ymcanrc.org](mailto:jadams@ymcanrc.org) or (608) 754-9622 ext. 1107