



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Janesville YMCA | Aquatic Center Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5AM		5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim	
6AM		6:00 - 6:55 Lap Pool Lap Swim 6:00 - 6:55 Aquatic Center Open Swim	6:00 - 6:55 Lap Pool Lap Swim 6:00 - 6:55 Aquatic Center Open Swim	6:00 - 6:55 Lap Pool Lap Swim 6:00 - 6:55 Aquatic Center Open Swim	6:00 - 6:55 Lap Pool Lap Swim 6:00 - 6:55 Aquatic Center Open Swim	6:00 - 6:55 Lap Pool Lap Swim 6:00 - 6:55 Aquatic Center Open Swim	
7AM		7:00 - 7:55 Lap Pool Lap Swim 7:00 - 7:55 Aquatic Center Open Swim	7:00 - 7:55 Lap Pool Lap Swim 7:00 - 7:55 Aquatic Center Open Swim	7:00 - 7:55 Lap Pool Lap Swim 7:00 - 7:55 Aquatic Center Open Swim	7:00 - 7:55 Lap Pool Lap Swim 7:00 - 7:55 Aquatic Center Open Swim	7:00 - 7:55 Lap Pool Lap Swim 7:00 - 7:55 Aquatic Center Open Swim	
8AM		8:00 - 8:55 Lap Pool Lap Swim 8:00 - 8:55 Aquatic Center Open Swim	8:00 - 8:55 Lap Pool Lap Swim 8:00 - 8:55 Aquatic Center Open Swim	8:00 - 8:55 Lap Pool Lap Swim 8:00 - 8:55 Aquatic Center Open Swim	8:00 - 8:55 Lap Pool Lap Swim 8:00 - 8:55 Aquatic Center Open Swim	8:00 - 8:55 Lap Pool Lap Swim 8:00 - 8:55 Aquatic Center Open Swim	8:00 - 8:55 Aquatic Center Open Swim
9AM	9:00 - 9:55 Aquatic Center Open Swim	9:00 - 9:55 Lap Pool Lap Swim	9:00 - 9:55 Lap Pool Lap Swim (One Lane for Water Walkers Only)	9:00 - 9:55 Lap Pool Lap Swim	9:00 - 9:55 Lap Pool Lap Swim (One Lane for Water Walkers Only)	9:00 - 9:55 Lap Pool Lap Swim	9:00 - 9:55 Aquatic Center Open Swim
10AM	10:00 - 10:55 Lap Pool Lap Swim 10:00 - 10:55 Aquatic Center Open Swim	10:00 - 10:55 Lap Pool Lap Swim 10:00 - 10:55 Aquatic Center Open Swim		10:00 - 10:55 Lap Pool Lap Swim 10:00 - 10:55 Aquatic Center Open Swim		10:00 - 10:55 Lap Pool Lap Swim 10:00 - 10:55 Aquatic Center Open Swim	10:00 - 10:55 Lap Pool Lap Swim 10:00 - 10:55 Aquatic Center Open Swim
11AM	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)	11:00 - 11:55 Lap Pool Lap Swim 11:00 - 11:55 Aquatic Center Open Swim (Current Channel for Adults Only)

Schedule subject to change without notice. Reservations are required in Y360.

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Janesville YMCA | Aquatic Center Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12PM	12:00 - 12:55 Aquatic Center Open Swim	12:00 - 12:55 Lap Pool Lap Swim 12:00 - 12:55 Aquatic Center Open Swim	12:00 - 12:55 Lap Pool Lap Swim 12:00 - 12:55 Aquatic Center Open Swim	12:00 - 12:55 Lap Pool Lap Swim 12:00 - 12:55 Aquatic Center Open Swim	12:00 - 12:55 Lap Pool Lap Swim 12:00 - 12:55 Aquatic Center Open Swim	12:00 - 12:55 Aquatic Center Open Swim	12:00 - 12:55 Aquatic Center Open Swim
1PM	1:00 - 1:55 Lap Pool Lap Swim 1:00 - 1:55 Aquatic Center Open Swim	1:00 - 1:55 Lap Pool Lap Swim 1:00 - 1:55 Aquatic Center Open Swim	1:00 - 1:55 Lap Pool Lap Swim 1:00 - 1:55 Aquatic Center Open Swim		1:00 - 1:55 Lap Pool Lap Swim 1:00 - 1:55 Aquatic Center Open Swim	1:00 - 1:55 Aquatic Center Open Swim	
2PM	2:00 - 2:55 Aquatic Center Open Swim	2:00 - 2:55 Aquatic Center Open Swim	2:00 - 2:55 Aquatic Center Open Swim	2:00 - 2:55 Aquatic Center Open Swim	2:00 - 2:55 Aquatic Center Open Swim		2:00 - 2:55 Aquatic Center Open Swim
5PM		5:00 - 5:55 Lap Pool Lap Swim	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim (Zero Depth Area and Current Channel Only, Mushrooms/Geiser Features Not Available)	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim	5:00 - 5:55 Lap Pool Lap Swim 5:00 - 5:55 Aquatic Center Open Swim (Zero Depth Area and Current Channel Only, Mushrooms/Geiser Features Not Available)	5:00 - 5:55 Lap Pool Lap Swim	
6PM		6:00 - 6:55 Lap Pool Lap Swim 6:00 - 6:55 Aquatic Center Open Swim		6:00 - 6:55 Lap Pool Lap Swim			
7PM		7:00 - 7:55 Aquatic Center Open Swim	7:00 - 7:55 Lap Pool Lap Swim (One Lane for Water Walkers Only)	7:00 - 7:55 Aquatic Center Open Swim	7:00 - 7:55 Lap Pool Lap Swim (One Lane for Water Walkers Only)	7:00 - 7:55 Aquatic Center Open Swim	

Reservations

Download the YMCA360 app – or visit www.ymca360.org on a web browser. You can also make reservations by visiting the Welcome Center.

Pool Rules

Please review rules and policies on the pool deck before entering the pool.

- **Children 9 and under:**
 - An adult must be on the pool deck at all times.
 - Must pass a swim test in order to swim in the activity area
 - Any child 2 and under must be within arms reach of an adult 18+
 - May utilize current channel with an adult
- **Children 10 and up:**
 - May swim in any designated open swim area without an adult present (after passing swim test)
- **Ages 14 and up:**
 - May utilize current channel during water walking times at the discretion of the lifeguard.
 - Any NON-SWIMMING patron or weak swimmer needs an adult (18+) within arms reach at all times.
 - Breath holding in any aquatic environment is strictly prohibited.



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